



Some of the topics covered in this seminar include:

1. The Key to Consistency
Shaping our future depends on our view of our potential.
2. Nobody Can Do It For You
A working definition of motivation and only you can do it.
3. Nothing Is Forever
Understand where you are today in the big scheme of life.
4. "Car 54... Where Are You?"
Start with an inventory... all aspects of your life.
5. An On-Going Process
Goal-setting is dynamic and shouldn't be done once and forgotten.
6. What's Holding You Back?
Look at the three primary areas that hold people back.
7. Be Proactive
Decide what's going to drive you... decisions and values.
8. An Integrated Process
Use all the parts of the process -- don't leave anything on the table.
9. Set The Direction... Chart The Course
The definition is up to you.
10. The First Creation
Build a plan for achieving what you want.
11. The Power of Purpose
How to handle anything that's already been decided!
12. Strengthen The Foundation
Make your mission effective.
13. Check The Progress
Setup meaningful metrics to determine your location.
14. The Second Creation
Leveraging our actions.
15. Design Your Destiny... Today!
Now put it all together for the "Big Picture."